

# HALENDAS FUNDRAISING NUTRITIONAL ANALYSIS

## PRODUCT

**PEPPERONI STIX (240 X 55G)**

SUGGESTED SERVING:

**1 STIX (55G)**

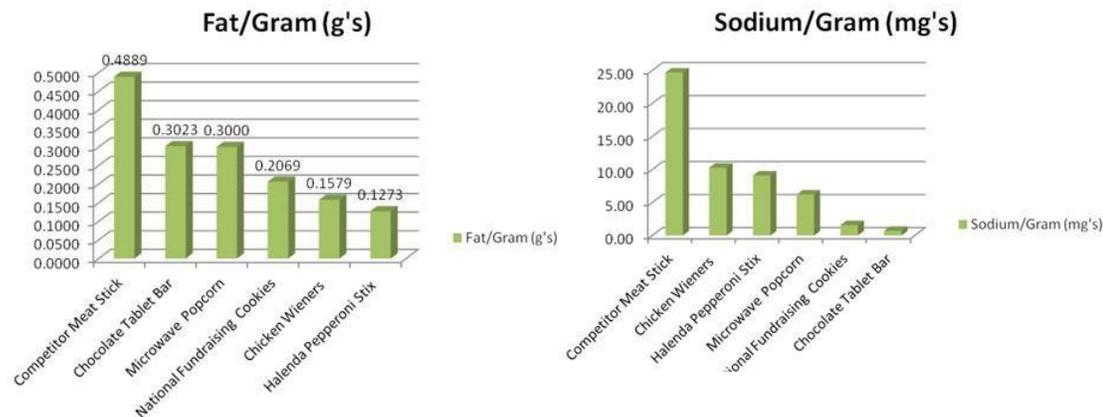
**Halenda Pepperoni Stix** are naturally smoked, tender, tasty treats designed specifically for fundraising purposes. They have been manufactured and packaged so that they do not need to be refrigerated making them ideal summertime fundraising items! They have a shelf life of one year.

You will find **Halenda Pepperoni Stix** have an appealing "tangy" taste which is highly desirable in quality pepperoni products

**Halenda Pepperoni Stix** are the preferred choice when compared to other popular fundraising products such as cookies, chocolate, microwave popcorn, and other meat snacks.

**Halenda's Pepperoni Stix** even have less fat/gram than chicken wieners which are widely sold as a healthy alternative at snack bars in hockey rinks and other sports facilities.

## COMPARATIVE NUTRITIONAL ANALYSIS: (MANUFACTURES SUGGESTED SERVINGS)



## INGREDIENT LIST:

Pork, Salt, Sugar, Sodium Erythorbate (antioxidant), Spices, Dextrose, Sunflower Oil (as mfg. aid), Flavour, Culture, Sodium Nitrite (food safety), Natural Smoke

**NO MSG • GLUTEN FREE • PEANUT FREE • DAIRY FREE • NO TRANS FATS**



# Halenda's

**THE MEAT PEOPLE**

915 Nelson St., Oshawa, ON, L1H 5N7

Phone: 905 576 6328 x292 Email: bschwartz@halendasfundraising.ca



# HALENDAS FUNDRAISING UNDERSTANDING NUTRITIONAL FACT TABLE (NFT)

## SERVING SIZE

The serving size tells you the size (in common household measures followed by metric measures) of the serving for which the nutrition information is given. If you eat the serving size shown on the NFT, you will get the amount of calories and nutrients that are listed. Always compare the serving size on the package to the amount that you eat.

## CALORIES

Calories tell you how much energy you get from one serving size as stated on the label.

## NUTRIENTS

There are 13 core nutrients that must appear in the NFT. The nutrient information in the NFT is based on a specific amount of food (stated serving size). Vitamins and minerals are expressed only as a % DV based on a daily recommended intake. Most of the other nutrients are provided in grams or milligrams and as a %DV based on a reference standard. You can use this section to see whether the product contains certain nutrients you are trying to eat more or less of or avoid.

## PERCENT DAILY VALUE (%DV)

The percent Daily Values (%DV) developed for nutrition labeling are generally based on recommendations for a healthy diet. The key is that you use the % DV as a benchmark to assist you in meeting your requirements. The Daily Values are set high enough to meet the nutrient needs on a population basis. Daily Values put the nutrients on a scale from 0% to 100%. This scale tells you if there is a little or a lot of a nutrient in stated serving size.

**REMEMBER:** all this information (Calories, Nutrients and % DV) applies to one serving size as stated on the label.

## COMPLIANCE WITH SCHOOL STANDARDS:

Fat 5g-14g                      Halenda's 7g  
Sodium 480mg-600mg      Halenda's 500mg

Nutrition Facts		Valeur nutritive	
Serving Size 55 g / Portion 55 g			
Amount		% Daily Value	
Teneur		% valeur quotidienne	
<b>Calories / Calories 180</b>			
<b>Fat / Lipides</b>	11 g	16%	
Saturated / saturés	3.5 g	18%	
+ Trans / trans	0 g		
<b>Cholesterol / Cholestérol</b>	35 mg		
<b>Sodium / Sodium</b>	500 mg	21%	
<b>Carbohydrate / Glucides</b>	1 g	0%	
Fibre / Fibres	0 g	0%	
Sugars / Sucres	1 g		
<b>Protein / Protéines</b>	10 g		
Vitamin A / Vitamine A		8%	
Vitamin C / Vitamine C		2%	
Calcium / Calcium		2%	
Iron / Fer		4%	



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